Community Outreach Presentations

Staff and volunteers from Metropolitan Area Agency on Aging’s Community Outreach Team provide educational presentations to older adults, family caregivers, pre-Medicare eligible adults, and professionals who work with older adults in the seven-county metro area. We are a non-profit organization that receives federal and state funding. We have no charge for our presentations, and ask that presentations are free to all attendees. Below is the list of our current educational offerings with estimated timeframes, inclusive of Q&A, and ideal audience. For more information or to schedule a presentation, contact the Community Outreach Team at outreach@metroaging.org.

Senior LinkAge Line® - Who We Are and What We Do (60 minutes)
The Senior LinkAge Line (SLL) is a service of the Area Agencies on Aging in partnership with the Minnesota Board on Aging. The SLL provides information and assistance to seniors, Medicare beneficiaries, and caregivers. This presentation will cover the role of the SLL and how it promotes choice and independence. We will specifically highlight how the SLL helps people with questions about Medicare benefits and options; talks people through how to age and live well in the community of their choice; and identifies caregivers to connect them to resources available to support them. This presentation includes an introduction to our public database, www.MinnesotaHelp.info.

Ideal Audience: Older Adults, Pre-Medicare Eligible Adults, Caregivers, and Professionals

Medicare 101 (90 minutes)
This presentation introduces Parts A, B, C and D of Medicare, as well as what additional insurance options are available. The enrollment process and options for enrollment in Medicare will be discussed along with the personal costs of the program. We will address the donut hole and eligibility for extra help with prescription drug costs. We will introduce the services of the Senior LinkAge Line® that include assistance making personal comparisons using the Medicare.gov website and the Health Care Choices booklet, published by the Minnesota Board on Aging.

Ideal Audience: Pre-Medicare Eligible Adults and Professionals

Annual Medicare Update (60 minutes)
Learn about the recent changes in Medicare benefits and coverage, and how these changes affect you. We will cover the importance of reviewing Medicare Part D coverage during the annual Open Enrollment Period (October 15-December 7), how to use Medicare.gov to make health insurance comparisons, how Part D works, and the impact of the Affordable Care Act. We will also explain the Low Income Subsidy, a Federal program for people with lower incomes that may reduce prescription drug costs.

Ideal Audience: Older Adults, Caregivers, and Professionals

Health Care Fraud-Preventing Medicare Fraud and Avoiding Scams (60 minutes)
This presentation will teach you how to detect Medicare fraud and what to do if Medicare Fraud is suspected. We will discuss the top scams currently being directed towards seniors and highlight why seniors are specifically targeted. Tips will be offered on how to avoid falling for scams and where to get help.

Ideal Audience: Older Adults, Pre-Medicare Eligible Adults, Caregivers, and Professionals

MinnesotaHelp Network™ (60 minutes)
Learn how to navigate the MinnesotaHelp.info database to find helpful resources available in Minnesota. The presentation will demonstrate how users can create directories, save searches and plans, and compare services side-by-side. We will introduce you to the Long-term Care Choices Navigator, a tool to help seniors and their caregivers find aging services that assist seniors to live and age well in the community.

Ideal Audience: Older Adults, Pre-Medicare Eligible Adults, Caregivers, and Professionals